

**St. Teresa's Hospital  
Eye Centre**

**Patient Information**

**Posterior Vitrectomy Surgery Post-operative Care**

1. Operative eye may become red, swollen and photosensitive, may have foreign body sensation and tearing.
2. Please apply eye drops or ointment on time.
3. Avoid wearing of pullover clothing to prevent touching of eyes after surgery.
4. Never rub your eyes.
5. Be careful when the operative eye is covered with dressings, especially walking at night.
6. Do not swim or do vigorous exercise until doctor's approval. Avoid contact with non-sterile water with eyes.
7. Special gas or silicone oil may be injected into the operative eye, you may need to maintain a specific position according to doctor's advice, e.g. face down position. Your vision may not recover immediately after the operation.
8. If special gas is injected into your eye, please avoid air travel and high altitudes area until doctor's approval. The change in atmospheric pressure may affect your eyes.
9. If you need to have another surgery under general anesthesia with gas in your eye, please notify your anesthetist about this.
10. If you notice abnormal symptoms, e.g. bleeding and excessive discharge from your wound, extreme pain, fever, inflammation, sudden deterioration of visual ability, unconsciousness or any other serious event, please go to A&E immediately.
11. Since the prognosis is uncertain, the visual ability may not recover fully. It depends on the severity of the condition before the surgery and any post-operative complications. If the condition recurs or complications occur, re-operation may be needed.



Follow up visit is arranged on \_\_\_\_\_ at \_\_\_\_\_ by  
Dr. \_\_\_\_\_. Please apply eye drops or ointment on time.

P.S.: Any enquiry, please contact your eye doctor.

There is wide range of complications for posterior vitrectomy surgery. Unpredictable complications may exist. The risk varies with different patients. Proper procedure may carry out by doctor if needed.

Reference

1. 醫院管理局- 智友站 Retrieve, 2012 from  
[http://www.ekg.org.hk/pilic/public/Ophthal\\_PILIC/Ophthal\\_ParsPlanaVitrectomy\\_0070\\_chi.pdf](http://www.ekg.org.hk/pilic/public/Ophthal_PILIC/Ophthal_ParsPlanaVitrectomy_0070_chi.pdf)

